



NORTH CAROLINA COMMUNITY RESOURCE GUIDE

Housing • Emergency Shelter • Food • Health • Recovery • Reentry
Veterans • Legal Help • Utilities • Transportation • Safety



Help begins with one safe connection.

This statewide guide helps North Carolina residents locate immediate and long-term support. Services, eligibility, hours and capacity change. Always call ahead. Inclusion is informational and does not guarantee eligibility, shelter placement or funding.

Prepared August 2026 | urbnmansion26@gmail.com | (910) 633-8827

Emergency: Start Here

Use the first option that matches the situation. If there is immediate danger, do not wait for a program callback.

LIFE-THREATENING EMERGENCY

Call 911. For a mental-health response, ask whether a Crisis Intervention Team officer is available.

Housing, shelter, food, utilities or local services

Dial 2-1-1 or 1-888-892-1162. NC 211 is free, confidential, multilingual and available 24/7 in all 100 counties. Search by ZIP code at nc211.org.

Mental health, suicide or substance-use crisis

Call or text 988, or use 988 chat. NC Peer Warmline: 855-PEERS-NC. Mobile crisis teams, walk-in clinics and community crisis centers are listed through NCDHHS Crisis Services.

Domestic violence

National Domestic Violence Hotline: 1-800-799-7233 | TTY: 1-800-787-3224. Local agencies serve all NC counties; find the county crisis line at nccadv.org/get-help. Use a safer device if someone may monitor your activity.

Sexual assault

RAINN National Sexual Assault Hotline: 800-656-HOPE (4673). NC 211 can identify the nearest local rape-crisis program.

Veteran at risk or homeless

National Call Center for Homeless Veterans: 1-877-4AID-VET (877-424-3838). Veterans Crisis Line: dial 988, then press 1.

Child or vulnerable adult safety

Call 911 for immediate danger. Otherwise contact the county Department of Social Services for Child Protective Services or Adult Protective Services; NC 211 can connect you to the correct county office.

Extreme heat, cold or severe weather

Ask NC 211 or county emergency management about warming centers, cooling centers, white-flag shelter, transportation and disaster shelters. Availability may be activated only during declared conditions.

What to say on the first call

State the immediate danger first, then location, household size, ages, medical or mobility needs, whether transportation is available, and how soon housing or utilities will be lost. Ask the specialist to repeat the agency name, phone, address and intake hours.

Housing Help: The Correct Path

Emergency shelters can fill quickly. Coordinated Entry is the official local access process for homelessness prevention, shelter referrals, rapid rehousing and permanent supportive housing.

1. Contact NC 211

Say: “I am homeless” or “I will lose housing on [date].” Give your county, ZIP code, household size, ages, disability needs, veteran status, pregnancy status, transportation limits and whether anyone is unsafe.

2. Complete Coordinated Entry

Ask for the Coordinated Entry access point for your county. The assessment documents housing history and vulnerability. It may place a household on a by-name list or connect it with prevention, shelter or rehousing programs. It does not guarantee an immediate bed or apartment.

3. Call shelters before traveling

Ask who is eligible, whether beds are open, check-in time, identification requirements, family/pet policies, accessibility, transportation and what belongings are allowed.

4. Protect documents

Keep photos or copies of ID, Social Security cards, birth certificates, benefit letters, eviction papers, lease, income proof, disability documentation and prescriptions. A caseworker can still help if documents are missing.

5. Prevent eviction early

Contact Legal Aid NC at 1-866-219-5262, Monday-Friday 9 AM-3 PM, for eligible civil legal issues including eviction, repairs, foreclosure and housing discrimination. Fair Housing: 1-855-797-3247.

6. Ask about every housing level

Emergency shelter is short-term. Transitional housing combines temporary housing and services. Rapid rehousing may provide time-limited rent help. Permanent supportive housing combines long-term housing with services for eligible people. Public housing, vouchers and subsidized apartments usually have separate applications and waiting lists.

7. Keep the assessment active

Ask how often to check in, what phone number will appear on caller ID, how to update a new phone or sleeping location, and what happens if a call is missed. Report major changes such as pregnancy, disability, hospitalization, violence or loss of a temporary place to stay.

Documents that may help

Photo identification; Social Security cards; birth certificates; lease; eviction or foreclosure notices; utility bills; income and benefit statements; disability verification; veteran discharge papers; custody documents; and contact information for landlords or caseworkers. Apply even if some documents are missing.

OFFICIAL COUNTY CONTACT LIST

NCDHHS publishes “CE Contact Info.xlsx” with the Coordinated Entry contact for every NC county. Find it at ncdhhs.gov/ce-contact-infoxlsx-0 or ask NC 211 to make the connection.

Western Mountains & High Country

Counties covered: Alleghany, Ashe, Avery, Buncombe, Burke, Caldwell, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Wilkes, Yancey

Asheville/Buncombe

ABCCM Crisis Ministry and local coordinated entry; veterans may contact Veterans Restoration Quarters.

Boone/High Country

Hospitality House of Northwest NC and the regional coordinated-entry lead.

Foothills

County DSS, NC 211 and the Balance of State regional coordinated-entry system.

Housing and shelter intake

Call NC 211 and request the county Coordinated Entry access point. Ask whether the county uses walk-in intake, telephone screening, outreach teams or scheduled assessments. Request a disability accommodation or interpreter when needed.

Benefits and emergency bills

Contact the county Department of Social Services for FNS/SNAP, Medicaid, Work First, childcare assistance, energy programs and other local emergency assistance. Apply through ePASS where available and retain confirmation numbers.

Food, transportation and legal help

Use NC 211 for the nearest pantry, hot meal, clothing closet, transportation and Community Action agency. Legal Aid NC handles eligible civil matters statewide; local public defenders handle appointed criminal defense.

Every county pathway

Housing/shelter: NC 211 → county Coordinated Entry. Benefits/utilities: county DSS or ePASS. Domestic violence: NCCADV county provider. Legal: Legal Aid NC. Food: NC 211 or the regional food-bank locator. Always confirm hours and eligibility.

Charlotte Metro & Western Piedmont

Counties covered: Alexander, Anson, Cabarrus, Catawba, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, Union

Mecklenburg

Call NC 211 and request Mecklenburg County Coordinated Entry; Roof Above is a major service hub for adults.

Iredell

Fifth Street Ministries/Diakonos and coordinated entry serve the Statesville area.

Catawba/Alexander

Request the Western Piedmont coordinated-entry access point through NC 211.

Gaston/Cleveland

Use county coordinated entry; domestic-violence survivors should use the county crisis provider listed by NCCADV.

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Triad & North-Central

Counties covered: Alamance, Caswell, Davidson, Davie, Forsyth, Guilford, Montgomery, Randolph, Rockingham, Stokes, Surry, Yadkin

Guilford

Partners Ending Homelessness coordinated entry: assistance line listed as 984-209-9709; access locations in Greensboro and High Point.

Forsyth

Ask NC 211 for Winston-Salem/Forsyth coordinated entry and shelter access.

Davidson/Randolph/Alamance

Use NC 211 and the county coordinated-entry contact; local DSS handles benefits and emergency-assistance applications.

Housing and shelter intake

Call NC 211 and request the county Coordinated Entry access point. Ask whether the county uses walk-in intake, telephone screening, outreach teams or scheduled assessments. Request a disability accommodation or interpreter when needed.

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Triangle & North-East Piedmont

Counties covered: Chatham, Durham, Franklin, Granville, Johnston, Lee, Nash, Orange, Person, Vance, Wake, Warren

Wake

Oak City Cares, 1430 S. Wilmington St., Raleigh: 984-344-9599; coordinated-entry access through Wake CoC.

Durham

Request Durham coordinated entry through NC 211; local day and shelter services can change by population.

Orange/Chatham

Ask for the county coordinated-entry access point and local Community Action/DSS resources.

Lee/Johnston/Harnett area

Johnston-Lee-Harnett Community Action participates in regional coordinated entry.

Housing and shelter intake

Call NC 211 and request the county Coordinated Entry access point. Ask whether the county uses walk-in intake, telephone screening, outreach teams or scheduled assessments. Request a disability accommodation or interpreter when needed.

Benefits and emergency bills

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Sandhills & Southeastern

Counties covered: Bladen, Columbus, Cumberland, Harnett, Hoke, Moore, Richmond, Robeson, Sampson, Scotland

Cumberland

Contact NC 211 for Fayetteville/Cumberland coordinated entry; CARE provides county domestic-violence services.

Robeson

Call NC 211 and request Robeson coordinated entry. Also contact Robeson County DSS and Robeson County Church & Community Center for current local assistance.

Moore/Richmond/Scotland

Use county coordinated entry; Food Bank CENC Sandhills branch supports partner pantries in this area.

Columbus/Bladen

Ask NC 211 for emergency shelter, prevention and utility resources; check PFAS/private-well guidance where applicable.

Housing and shelter intake

Call NC 211 and request the county Coordinated Entry access point. Ask whether the county uses walk-in intake, telephone screening, outreach teams or scheduled assessments. Request a disability accommodation or interpreter when needed.

Benefits and emergency bills

Contact the county Department of Social Services for FNS/SNAP, Medicaid, Work First, childcare assistance, energy programs and other local emergency assistance. Apply through ePASS where available and retain confirmation numbers.

Food, transportation and legal help

Use NC 211 for the nearest pantry, hot meal, clothing closet, transportation and Community Action agency. Legal Aid NC handles eligible civil matters statewide; local public defenders handle appointed criminal defense.

Every county pathway

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Eastern & Coastal North Carolina

Counties covered: Beaufort, Bertie, Brunswick, Camden, Carteret, Chowan, Craven, Currituck, Dare, Duplin, Edgecombe, Gates, Greene, Halifax, Hertford, Hyde, Jones, Lenoir, Martin, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, Washington, Wayne, Wilson

Cape Fear

Good Shepherd Center is a major Wilmington-area homeless-services provider; coordinated entry serves New Hanover, Brunswick and Pender.

Greenville/Pitt

Contact NC 211 for Pitt coordinated entry; Community Crossroads Center and regional partners may provide shelter/services.

New Bern/Craven

Religious Community Services and regional coordinated entry are key local pathways.

Albemarle/Outer Banks

Use NC 211 for the county-specific access point; distances are long and transportation planning matters.

Wilson/Wayne/Edgecombe/Nash

Request the appropriate coordinated-entry region and Food Bank CENC partner pantry by ZIP code.

Housing and shelter intake

Call NC 211 and request the county Coordinated Entry access point. Ask whether the county uses walk-in intake, telephone screening, outreach teams or scheduled assessments. Request a disability accommodation or interpreter when needed.

Benefits and emergency bills

Contact the county Department of Social Services for FNS/SNAP, Medicaid, Work First, childcare assistance, energy programs and other local emergency assistance. Apply through ePASS where available and retain confirmation numbers.

Food, transportation and legal help

Use NC 211 for the nearest pantry, hot meal, clothing closet, transportation and Community Action agency. Legal Aid NC handles eligible civil matters statewide; local public defenders handle appointed criminal defense.

Every county pathway

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Emergency Shelters & Day-Service Hubs

These are regional starting points, not a guarantee of a bed. Call first and complete Coordinated Entry even if you also contact a shelter directly.

Asheville

ABCCM Crisis Ministry; Veterans Restoration Quarters; Steadfast House for women and children. Start with NC 211 for current access.

Charlotte

Roof Above is a major service provider for adults; family and youth pathways may use different agencies. Ask NC 211 for Mecklenburg coordinated entry.

Greensboro / High Point

Partners Ending Homelessness coordinates local access; Interactive Resource Center and partner agencies provide day services and referrals.

Winston-Salem

Ask NC 211 for Forsyth coordinated entry and current shelter access; providers and seasonal white-flag capacity may change.

Raleigh / Wake

Oak City Cares: 1430 S. Wilmington St., Raleigh, 984-344-9599. Showers, laundry, phones and multiple services; obtain a coordinated-entry assessment.

Durham

Call NC 211 for Durham coordinated entry and the current access route for individuals, families, youth or people fleeing violence.

Fayetteville / Cumberland

Use NC 211 for coordinated entry and shelter intake. Domestic-violence CARE crisis line: 910-677-2532.

Wilmington / Cape Fear

Good Shepherd Center: 811 Martin St., Wilmington, 910-763-4424. Call for current services and connect with Cape Fear coordinated entry.

Greenville / Pitt

Community Crossroads Center and local partners may provide emergency services. Confirm through NC 211 and Pitt coordinated entry.

New Bern / Craven

Religious Community Services and local partners serve people in crisis. Call before visiting and request coordinated entry.

Boone / Northwest NC

Hospitality House serves the High Country region; confirm eligibility, service area and bed availability.

Lumberton / Robeson

Start with NC 211 for current shelter placement and Robeson coordinated entry. Contact county DSS and local faith/community providers for prevention, food, clothing and transportation.

Before shelter intake

Ask about check-in deadlines, sobriety rules, medication storage, service animals, family composition, accessibility, identification, background checks, length of stay, curfew, transportation and storage of belongings.

If no bed is available

Ask to be placed on every appropriate waitlist, request street-outreach contact, ask about motel or overflow programs, identify safe warming/cooling centers, and call back at the time the agency recommends. Complete Coordinated Entry even when shelter is full.

Domestic Violence, Sexual Assault & Human Trafficking

Safety comes before documentation or eligibility. Shelter locations may remain confidential.

PRIVATE HELP 24/7

Domestic Violence: 1-800-799-7233 | Sexual Assault: 800-656-4673 | Human Trafficking: 888-373-7888 or text 233733

Find the county provider

NCCADV lists local domestic-violence agencies serving all 100 counties at nccadv.org/get-help. Services may include confidential shelter, crisis lines, safety planning, court advocacy, counseling and support groups.

Technology safety

If monitoring is possible, use a safer device, private browsing only if safe, and consider deleting call/browser history. Turning off location sharing may alert an abusive person; make changes with an advocate when possible.

Housing protection

Ask about emergency shelter, relocation, rapid rehousing, address confidentiality, protective orders, lock changes, lease termination rights and Legal Aid NC.

Children and pets

Tell the advocate about children, pregnancy, disabilities, medications, service animals and pets. Some programs coordinate temporary pet sheltering.

Preparing to leave safely

An advocate can help plan transportation, medication, documents, emergency contacts, school arrangements and a safe meeting place. Do not announce plans if doing so may increase danger.

Court and financial support

Ask about protective orders, victim compensation, emergency funds, replacement documents, childcare, employment protections, confidentiality and accompaniment to court or law-enforcement interviews.

Food, Benefits & Everyday Needs

County DSS is the local gateway for many public benefits. NC 211 can locate food pantries, hot meals, diapers, clothing and hygiene supplies by ZIP code.

Food and Nutrition Services (SNAP/FNS)

Apply at epass.nc.gov, in person through county DSS, or by mail. Benefits begin from the application date if approved. NC EBT/FNS information: 866-719-0141.

WIC

Pregnant/postpartum people, infants and children under five may qualify. Ask the county health department or NC 211 for the nearest WIC office.

Regional food banks

Use feedingthecarolinas.org or NC 211 to identify the correct food bank and nearest partner pantry. Food Bank CENC serves much of central/eastern NC with branches in Raleigh, Durham, Greenville, New Bern, Southern Pines and Wilmington.

Fresh produce

Use the official Got to Be NC directory and local farmers markets. Ask whether SNAP/EBT, Double Up Food Bucks, WIC FMNP or Senior FMNP is accepted.

Clothing, showers and hygiene

Ask NC 211 for clothing closets, laundries, showers, mail service, phone charging and document storage. Day centers often provide several services in one location.

Families with children

Ask county DSS about Work First/TANF, childcare subsidy, school McKinney-Vento support, free/reduced meals and emergency family assistance.

Pantry intake checklist

Ask what identification or proof of address is required, whether appointments are needed, how often a household may visit, what foods are available, whether dietary needs can be accommodated and whether someone else may pick up food.

No-cook and medically appropriate food

Tell the pantry if the household lacks a stove, refrigerator, can opener or safe water. Ask about ready-to-eat foods, infant formula, diabetic-friendly items, renal diets, allergies and nutrition supplements.

School and summer meals

Contact the school district nutrition office or McKinney-Vento liaison. Ask NC 211 about summer meal sites, backpack programs and weekend food assistance.

Health, Mental Health & Recovery

Lack of insurance should not prevent someone from seeking emergency or crisis care.

NC Medicaid

Apply through epass.nc.gov, HealthCare.gov or county DSS. NC Medicaid Contact Center: 888-245-0179. NC Navigators: 855-733-3711.

Community health centers

Federally qualified health centers offer primary, dental and behavioral healthcare and often use sliding fees. Find a center through findahealthcenter.hrsa.gov or NC 211.

Crisis and same-day care

Call/text 988. NCDHHS lists mobile crisis teams, community crisis centers and open-access/walk-in clinics at ncdhhs.gov/crisis-services.

Substance-use treatment

Ask 988, NC 211 or the local behavioral-health plan for detox, outpatient, residential, medication treatment, peer support and recovery housing. Verify licensing and costs before admission.

Naloxone and overdose prevention

Call 911 for suspected overdose and give naloxone if available. Ask county health departments, harm-reduction programs, pharmacies or NC 211 about naloxone access and training.

Prescriptions

Ask health centers, hospital social workers and NC 211 about patient-assistance programs, discount options and local medication funds. Never share prescriptions.

Choosing treatment

Ask whether the provider is licensed, which insurance is accepted, total cost, wait time, transportation, medications offered, family involvement, discharge planning and connection to housing. Request an interpreter or accessibility accommodation when needed.

Recovery housing

Verify program rules, fees, testing policies, medication policies, staff qualifications, grievance process and whether the home is connected to treatment or peer support. Recovery housing is not the same as licensed treatment.

Hospital discharge planning

Before discharge, ask for written medication instructions, follow-up appointments, transportation, durable medical equipment, shelter/housing coordination and a contact for questions.

Reentry, Employment, Identification & Legal Help

People returning from incarceration often need several services at once. Start before release when possible.

Local reentry councils

NC's State Reentry Council Collaborative supports local reentry work. Ask NC 211, probation/parole staff or county government for the nearest local reentry council and transition coordinator.

Employment

NCWorks Career Centers help with job search, training, resumes and employer connections. Find a center at ncworks.gov. Ask about programs for veterans, youth, people with disabilities and justice-involved applicants.

Identification and records

Ask county DSS, Register of Deeds, DMV, Social Security and reentry providers what documents and fees apply. Homeless-service providers may help with mailing addresses, verification letters and replacement-document costs.

Civil legal aid

Legal Aid NC: 1-866-219-5262. Areas may include housing, benefits, domestic violence, consumer issues and expunction eligibility. Criminal defense is handled through appointed or private counsel, not the civil helpline.

Disability benefits and SOAR

SOAR-trained providers may help eligible people experiencing homelessness apply for SSI/SSDI. Ask coordinated entry or NCCEH for a local SOAR connection.

Transportation

Ask NC 211 or county DSS about Medicaid transportation, county transit, reduced fares, veteran transportation, disability paratransit and nonprofit ride programs.

Before release

Request identification, Social Security card, birth certificate, medication supply, Medicaid/FNS application help, supervision information, transportation, housing referrals and an appointment with a reentry provider.

Fair-chance job preparation

Prepare a short explanation of skills, accountability and current goals. Ask NCWorks about training credentials, bonding, tax-credit programs, interview clothing, tools, transportation and employers open to justice-involved applicants.

Record relief and obligations

Ask a licensed attorney about expunction eligibility, certificates of relief, driver-license restoration, child support, fines and court debt. Requirements are individual; avoid paying unverified companies promising guaranteed results.

Veterans, Older Adults, Disability & Youth

Specialized programs can supplement the general coordinated-entry system.

Veterans

Homeless Veterans: 877-424-3838. NC Department of Military and Veterans Affairs: 844-624-8387. Ask about SSVF, HUD-VASH, benefits, healthcare and county Veterans Service Officers.

Older adults

Area Agencies on Aging connect residents to meals, transportation, caregiver support, home repair, in-home aide services and long-term-care advocacy. NCDHHS Division of Aging: 919-855-3400; NC 211 can identify the regional AAA.

People with disabilities

Ask DSS, NC Medicaid and NC 211 about independent-living centers, vocational rehabilitation, paratransit, home- and community-based services, assistive technology and accessible shelter.

Youth and young adults

School districts must identify a McKinney-Vento liaison for students experiencing homelessness. Youth up to age 24 should ask coordinated entry about youth-specific housing, education and employment programs.

Immigrants and language access

NC 211 is multilingual. DSS and Medicaid offices offer interpreter access. For immigration law, use a licensed attorney or DOJ-accredited nonprofit; avoid unlicensed “notario” services.

Caregivers and guardians

Ask the Area Agency on Aging, DSS or disability organizations about respite care, caregiver training, guardianship alternatives, benefits counseling and support groups.

Accessible shelter planning

State mobility, communication, medical-equipment, service-animal and personal-care needs during intake. Ask whether beds, bathrooms, transportation and emergency procedures are accessible before traveling.

Youth documents and education

Ask about school enrollment without usual records, transportation to the school of origin, FAFSA homeless-youth determinations, replacement ID, job training and safe family-reunification services where appropriate.

Utilities, Rent, Home Repair & Disaster Help

Apply early. Many programs have limited funds and may require a bill, lease, income proof or crisis documentation.

Heating and cooling crisis

NCDHHS Crisis Intervention Program (CIP) may assist eligible households with a life-threatening or health-related heating/cooling crisis. Apply through county DSS or ePASS; funding can run out.

Low Income Energy Assistance

Ask county DSS about LIEAP and other seasonal energy programs. Contact the utility before disconnection to ask about payment plans and hardship options.

Rent and homelessness prevention

Ask Coordinated Entry and NC 211 for ESG prevention, rapid rehousing, Community Action and local emergency funds. Programs may require a notice, lease and proof that assistance can stabilize housing.

Affordable rental search

Use local housing authorities, USDA Rural Development rental listings, HUD resources and NC Housing Search where available. Waiting lists may be closed; apply to more than one property.

Home repair

Older adults, people with disabilities, rural homeowners and disaster survivors may qualify for weatherization, accessibility modifications or urgent repair. Ask the county Community Action agency, Area Agency on Aging and USDA Rural Development.

Disaster recovery

Call 911 for immediate danger, NC 211 for local disaster resources and follow official county/state emergency notices. Keep copies of damage photos, insurance correspondence, receipts and FEMA application information.

Application checklist

Prepare the lease or mortgage statement, landlord contact, past-due or disconnect notice, account number, household income, identification, benefit letters and explanation of the crisis. Ask whether partial payment or a repayment agreement is required.

Avoid utility and rental scams

Do not pay an “application fee” to an unknown person promising guaranteed public assistance. Verify agencies through NC 211 or government websites and never provide gift-card payments.

Weatherization and efficiency

Community Action agencies may offer insulation, air sealing, heating-system work and energy education for eligible households. This is separate from immediate bill payment and may require an energy audit or waitlist.

Safe Water, Fresh Food & Healthy Living

Healthy housing includes safe water, reliable food and protection from environmental hazards.

Private wells and springs

Do not assume clear, cold or good-tasting water is safe. County health departments can arrange private-well sampling. Test after flooding, repairs, odor/color changes or suspected contamination.

Lower Cape Fear PFAS

Private-well users in parts of New Hanover, Brunswick, Pender and Columbus counties should review current NC DEQ eligibility and sampling information at deq.nc.gov/lowercapefear-wellsampling.

Farm-fresh food

Search gottobenc.com/find-local. Major state markets operate in Asheville, Charlotte, Colfax and Raleigh. Local schedules and benefit acceptance vary.

Lead, mold and unsafe conditions

Document problems in writing and with photos when safe. Report urgent code issues locally and contact Legal Aid NC for tenant-rights guidance. Seek medical care for symptoms.

Food safety

Rinse produce under clean running water; do not use soap or bleach on food. Refrigerate cut produce and keep raw meat separate. During outages, follow official guidance about discarding unsafe refrigerated food.

Testing a private water source

Ask the county health department which tests are recommended locally. Common concerns may include bacteria, nitrate, metals or location-specific contaminants. Use a certified laboratory and follow sampling instructions exactly.

After a flood or outage

Use bottled or otherwise verified safe water until officials confirm safety. Do not use flooded well water for drinking, brushing teeth, ice, cooking or infant formula. Follow health-department instructions for inspection, disinfection and retesting.

Affordable healthy choices

Buy seasonal produce, frozen vegetables without added sauces, beans, whole grains and eggs when appropriate. Ask pantries about no-cook foods, dietary restrictions and produce distributions.

County-by-County Directory

The following section gives every North Carolina county its own action page. Use the county where you are physically staying. If you recently moved or sleep in more than one county, tell NC 211 and Coordinated Entry so they can identify the correct service area.

ONE COUNTY - ONE STARTING PLAN

Call 211 or 888-892-1162 • Ask for the county Coordinated Entry contact • Contact county DSS • Record every referral and deadline

How to use each county page

Work from top to bottom. Immediate safety comes first. Housing and shelter use Coordinated Entry. Public benefits and emergency bills use county DSS. County-specific shelter, pantry and clinic details should be confirmed through the live NC 211 database before travel.

Why some phone numbers are not printed

Small programs change hours, service areas, intake rules and telephone numbers. The statewide numbers and official live directories in this guide are the safest way to obtain current local details.

If the local system does not answer

Leave one clear voicemail, note the date and time, call NC 211 back, ask for another access point or street-outreach team, and explain any same-day danger, medical condition, disability, pregnancy, child-safety issue or extreme-weather exposure.

Alamance County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Alamance County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Alexander County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Alexander County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Alleghany County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Alleghany County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Anson County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Anson County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Ashe County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Ashe County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Avery County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Avery County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Beaufort County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Beaufort County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Bertie County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Bertie County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Bladen County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Bladen County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Brunswick County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Brunswick County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Buncombe County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Buncombe County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Burke County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Burke County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Cabarrus County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Cabarrus County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Caldwell County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Caldwell County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Camden County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Camden County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Carteret County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Carteret County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Caswell County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Caswell County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Catawba County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Catawba County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Chatham County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Chatham County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Cherokee County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Cherokee County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Chowan County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Chowan County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Clay County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Clay County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Cleveland County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Cleveland County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Columbus County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Columbus County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Craven County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Craven County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Cumberland County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Cumberland County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Currituck County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Currituck County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Dare County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Dare County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Davidson County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Davidson County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Davie County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Davie County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Duplin County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Duplin County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Durham County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Durham County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Edgecombe County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Edgecombe County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Forsyth County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Forsyth County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Franklin County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Franklin County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Gaston County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Gaston County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Gates County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Gates County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Graham County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Graham County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Granville County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Granville County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Greene County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Greene County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Guilford County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Guilford County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Halifax County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Halifax County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Harnett County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Harnett County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Haywood County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Haywood County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Henderson County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Henderson County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Hertford County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Hertford County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Hoke County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Hoke County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Hyde County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Hyde County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Iredell County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Iredell County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Jackson County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Jackson County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Johnston County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Johnston County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Jones County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Jones County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Lee County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Lee County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Lenoir County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Lenoir County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Lincoln County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Lincoln County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Macon County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Macon County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Madison County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Madison County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Martin County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Martin County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

McDowell County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the McDowell County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Mecklenburg County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Mecklenburg County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Mitchell County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Mitchell County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Montgomery County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Montgomery County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Moore County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Moore County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Nash County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Nash County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

New Hanover County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the New Hanover County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Northampton County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Northampton County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Onslow County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Onslow County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Orange County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Orange County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Pamlico County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Pamlico County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Pasquotank County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Pasquotank County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Pender County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Pender County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Perquimans County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Perquimans County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Person County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Person County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Pitt County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Pitt County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Polk County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Polk County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Randolph County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Randolph County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Richmond County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Richmond County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Robeson County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Robeson County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Rockingham County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Rockingham County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Rowan County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Rowan County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Rutherford County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Rutherford County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Sampson County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Sampson County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Scotland County Resource Action Page

Region: Sandhills & Southeastern. Regional reference areas in this guide: Cumberland; Robeson; Moore/Richmond/Scotland; Columbus/Bladen. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Scotland County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Stanly County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Stanly County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Stokes County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Stokes County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Surry County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Surry County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Swain County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Swain County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Transylvania County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Transylvania County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Tyrrell County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Tyrrell County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Union County Resource Action Page

Region: Charlotte Metro & Western Piedmont. Regional reference areas in this guide: Mecklenburg; Iredell; Catawba/Alexander; Gaston/Cleveland. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Union County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Vance County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Vance County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Wake County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Wake County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Warren County Resource Action Page

Region: Triangle & North-East Piedmont. Regional reference areas in this guide: Wake; Durham; Orange/Chatham; Lee/Johnston/Harnett area. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Warren County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Washington County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Washington County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Watauga County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Watauga County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Wayne County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Wayne County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Wilkes County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Wilkes County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Wilson County Resource Action Page

Region: Eastern & Coastal North Carolina. Regional reference areas in this guide: Cape Fear; Greenville/Pitt; New Bern/Craven; Albemarle/Outer Banks; Wilson/Wayne/Edgecombe/Nash. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Wilson County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Yadkin County Resource Action Page

Region: Triad & North-Central. Regional reference areas in this guide: Guilford; Forsyth; Davidson/Randolph/Alamance. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Yadkin County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Yancey County Resource Action Page

Region: Western Mountains & High Country. Regional reference areas in this guide: Asheville/Buncombe; Boone/High Country; Foothills. Confirm the current local provider before traveling.

Need	County action
Immediate danger	Call 911. For mental-health or substance-use crisis call/text 988. For local basic needs call 211 or 888-892-1162.
Housing & shelter	Ask NC 211 for the Yancey County Coordinated Entry access point, emergency shelter, street outreach, homelessness prevention, rapid rehousing and day-center services.
County DSS	Ask for FNS/SNAP, Medicaid, Work First, childcare, energy assistance, emergency assistance, Adult Protective Services or Child Protective Services as appropriate. Use ePASS when available.
Domestic violence & assault	Use nccadv.org/get-help to select the county crisis provider. National DV Hotline: 800-799-7233. Sexual Assault Hotline: 800-656-4673.
Food & daily needs	Ask NC 211 for the nearest pantry, hot meal, diapers, clothing, showers, laundry, mail service and phone charging. State whether cooking or refrigeration is unavailable.
Healthcare & recovery	Ask for the county health department, community health center, mobile crisis, walk-in behavioral-health clinic, detox, treatment, naloxone and recovery support.
Legal & tenant help	Legal Aid NC: 866-219-5262. Fair Housing: 855-797-3247. Take leases, notices, court papers, photos, messages and payment records.
Employment & reentry	Find the nearest NCWorks Career Center. Ask about local reentry councils, identification, job training, transportation, benefits and record-relief screening.
Veterans, aging & disability	Homeless Veterans: 877-424-3838. Ask NC 211 for the Area Agency on Aging, Veterans Service Officer, independent-living center, paratransit and accessible shelter.
Utilities & transportation	Contact DSS and the utility before disconnection. Ask about CIP/LIEAP, Community Action, Medicaid transportation, county transit, reduced fares and nonprofit rides.
Safe water & food	Contact the county health department for private-well or spring testing. Use Got to Be NC and NC 211 for local produce and nutrition resources.
Documents & follow-up	Bring what is available: ID, Social Security cards, birth certificates, lease/notices, bills, income, benefits, medical needs and veteran papers. Ask for confirmation numbers and callback dates.

County notes: Contact / referral _____ Date _____ Next step _____

Personal Resource Worksheet

Use this page with a caseworker, outreach worker or trusted helper. Do not write sensitive information if the guide could be seen by someone unsafe.

Current county / ZIP	_____
Safe phone / email	_____
Household members and ages	_____
Where I can safely stay tonight	_____
Coordinated Entry contact / assessment date	_____
Shelters called / result	_____
DSS worker / application numbers	_____
Medical, mobility or medication needs	_____
Transportation plan	_____
Documents missing	_____
Next appointment / deadline	_____
Three next steps	_____

Resource Call & Application Log

Record each contact so information is not lost and different helpers can understand what has already been tried.

Date / time	Agency / person	Result / next step / deadline

Follow-up questions: When should I call back? What documents are missing? Is there a waitlist? Is there another agency I should call today? Can you provide a confirmation or reference number?

Primary Verified Sources

Confirm current details directly with the organization. This guide prioritizes statewide and government sources that route residents to local programs.

Resource	Contact
NC 211	nc211.org 211 or 888-892-1162
NCDHHS Emergency Housing / Coordinated Entry	ncdhhs.gov/divisions/aging/nc-emergency-solutions-grant
NCDHHS county CE contact spreadsheet	ncdhhs.gov/ce-contact-infoxlsx-0
NC Coalition to End Homelessness	ncceh.org/get-help
NCCADV county domestic-violence programs	nccadv.org/get-help
Legal Aid of North Carolina	legalaidsnc.org/topic/housing 866-219-5262
NCDHHS Crisis Services	ncdhhs.gov/crisis-services 988
NC Medicaid	medicaid.ncdhhs.gov/apply 888-245-0179
Food and Nutrition Services	ncdhhs.gov ePASS.nc.gov 866-719-0141
NC Veterans Affairs	milvets.nc.gov 844-624-8387
NCDHHS Aging / Area Agencies	ncdhhs.gov/divisions/division-aging
NC DEQ private-well information	deq.nc.gov/about/divisions/water-resources/groundwater-resources/private-well-information
Got to Be NC local food directory	gottobenc.com/find-local
HUD North Carolina resources	hud.gov/states/north-carolina

Help improve this guide

Send verified corrections or additions—including county, agency name, phone, website, service population and intake process—to urbnmansion26@gmail.com or call (910) 633-8827. Do not send Social Security numbers, medical records or other sensitive personal documents.

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